ibrant life BE VIBRANT, BE YOU.

Solstice Senior Living at Fenton

		BE VIBRANT. BE YOU.			Solstice Senior Living at Fenton	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT FENTON	1393 Bowles Ave Fenton, MO 63026 636-326-9606	Location Keys Atrium AT Billiard Room BR Chapel C Dining Room DR Library L Outing OUT Vibrant Life Room VLR	Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well			10:00 Coffee Klatch [VLR] 10:30 Mexican Train [VLR] 11:00 Scrabble [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Phase 10 Card Game [VLR] 7:00 Bingo [VLR]
Daylight Saving Time Begins 10:00 Uno Card Game [VLR] 11:00 Board Games [VLR] 2:00 Spades [L] 3:00 Movie Night 7:00 Bingo [VLR]	9:30 Chair Exercise [VLR] 9:30 Shopping for All Residents [OUT] 10:00 Bible Study with Dick [C] 2:00 Giant Crossword Puzzle [VLR] 2:00 Shopping for All Residents [OUT] 7:00 Bingo [VLR]	Election Day Medical Appointments 9:00 ♥ Blood Pressure Screening [VLR] 11:00 ♥ Balloon Volleyball [VLR] 2:00 ₩ Book Club [L] 2:30 ₩ Mexican Train [VLR] 3:30 P Chocolate Bingo [VLR] 7:00 ★ Rosary With Carol [C] 7:30 ₩ Movie Night	9:30 Morning Stretch [VLR] 10:30 Weekly Outing (See Sign Up Sheet) [AT] 11:00 Catholic Worship Service [C] 2:00 Chair Ballet [VLR] 4:00 Games with Rockwood Students [VLR] 7:00 Bingo [VLR]	Medical Appointments 11:00 Wii Bowling [VLR] 2:00 Tai Chi Class [VLR] 3:00 Bridge [BR] 3:00 Pokeno [VLR] 4:15 Massage With Julie [VLR] 7:00 Movie Night [BR]	9:30 Morning Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Water Color Painting with Mary Beth [VLR] 1:30 Music Entertainment with Mark Rayborn [AT] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 10:30 Mexican Train [VLR] 11:00 Stained Glass Painting [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Spelling Bee [VLR] 4:00 Tech Support Class [VLR] 7:00 Bingo [VLR]
10:00 Uno Card Game [VLR] 11:00 Board Games [VLR] 2:00 Spades [L] 3:00 Movie Night 7:00 Bingo [VLR]	Veterans Day 9:30 ♥ Chair Exercise [VLR] 9:30 ● Shopping for All Residents [OUT] 10:00 ★ Bible Study with Dick [C] 2:00 ► Giant Crossword Puzzle [VLR] 2:00 ● Shopping for All Residents [OUT] 7:00 ★ Bingo [VLR]	[VLR]	9:30 → Morning Stretch [VLR] 10:30	Medical Appointments 9:15 ★ Confessions and Mass [C] 11:00 Wii Bowling [AT] 1:45 ★ "Paint and Sip" [VLR] 3:00 W Bridge [BR] 3:00 P Pokeno [VLR] 4:00 W Root Beer Float Social [VLR] 7:00 M Movie Night [BR]	9:30 Morning Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Music Entertainment with Don Hoerle [AT] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 10:30 Mexican Train [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Mexican Train [VLR]
10:00 □ Uno Card Game [VLR] 11:00 □ Board Games [VLR] 2:00 □ Spades [L] 3:00 番 Movie Night 7:00 ★ Bingo [VLR]	9:30 Chair Exercise [VLR] 9:30 Shopping for All Residents [OUT] 10:00 Bible Study with Dick [C] 2:00 Giant Crossword Puzzle [VLR] 2:00 Shopping for All Residents [OUT] 7:00 Bingo [VLR]	Medical Appointments 9:00 → Blood Pressure Screening [VLR] 11:00 → Balloon Volleyball [VLR] 2:30 → Mexican Train [VLR] 3:30 ← Chocolate Bingo [VLR] 7:00 → Rosary With Carol [C] 7:30 巻 Movie Night	9:30 → Morning Stretch [VLR] 10:30	Medical Appointments 11:00 Wii Bowling [VLR] 2:00 Tai Chi Class [VLR] 3:00 Bridge [BR] 3:00 Pokeno [VLR] 4:15 Massage With Julie [VLR] 6:30 Dessert Bar [DR] 7:00 Movie Night [BR]	9:30 Morning Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Bingo with Well Home [VLR] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 10:30 Mexican Train [VLR] 2:00 Sean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Spelling Bee [VLR] 4:00 Tech Support Class [L] 7:00 Bingo [VLR]
10:00 □ Uno [VLR] 11:00 □ Board Games [VLR] 2:00 □ Spades [L] 3:00 番 Movie Night 7:00 ★ Bingo [VLR]	9:30 Chair Exercise [VLR] 9:30 Shopping for All Residents [OUT] 10:00 Bible Study with Dick [C] 2:00 Giant Crossword Puzzle [VLR] 2:00 Shopping for All Residents [OUT] 7:00 Bingo [VLR]	Medical Appointments 9:00 ♥ Blood Pressure Screening [VLR] 11:00 ♥ Phase 10 [VLR] 2:30 ♥ Mexican Train [VLR] 3:30 P Chocolate Bingo [VLR] 7:00 ★ Rosary With Carol [C] 7:30 Movie Night	9:30 → Morning Stretch [VLR] 10:00 → "Food For Thought" with Rich [VLR] 10:30 → Resident's Meeting [VLR] 10:30 → Weekly Outing (See Sign Up Sheet) [OUT] 11:00 → Catholic Worship Service [C] 2:00 → Spades [L] 4:00 → Play Games with Rockwood Students [VLR] 7:00 ₩ Bingo [VLR]	Happy Thanksgiving! 11:00	9:30 Morning Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 10:30 Mexican Train [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 2:00 Jeanie's Jewelry Store [AT] 3:00 Phase 10 Card Game [VLR] 7:00 Bingo [VLR]