

		BE VIBRANT. BE YOU.			Solstice Senior Living at Fenton		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SOLSTICE SENIOR LIVING	1393 Bowles Ave Fenton, MO 63026 636-326-9606	Location Keys Atrium AT Billiard Room BR Chapel C Dining Room DR Library L Outing OUT Private Dining Room PDR Vibrant Life Room VLR	Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well			10:00 ♣ Coffee Klatch [VLR] 10:30 ▶ Mexican Train [L] 11:00 ▶ Board Game Blurt [VLR] 11:30 ♥ Balloon Volleyball [VLR] 2:00 ♠ Bean Bag Baseball with Rockwood Summit Students [VLR] 7:00 ★ Bingo [VLR]	
Groundhog Day 10:00 ★ Gospel TV 11:00 ₩ Board Games [VLR] 1:30 ❤ Group Walk with Don [VLR] 2:00 P Spades [L] 3:00 ₩ Movie Night 7:00 ₩ Bingo [VLR]	9:30 Morning Exercise [VLR] 9:30 Shopping for All Residents [OUT] 10:00 Bible Study [C] 2:00 Giant Crossword Puzzle [VLR] 2:00 Shopping for All Residents [OUT] 7:00 Bingo [VLR] 7:00 Poker [L]	Medical Appointments 9:00 ♥ Blood Pressure Screening with Brookdale [VLR] 2:00 ♥ Book Club [PDR] 2:30 ♥ Mexican Train [VLR] 3:30 ₱ Chocolate Bingo [VLR] 7:00 ★ Rosary With Carol [C] 7:00 ♥ Texas Hold 'Em Tournament [L] 7:30 巻 Movie Night	9:30 Morning Stretch [VLR] 10:30 Weekly Outing (See Sign Up Sheet) [OUT] 11:00 Catholic Worship Service [C] 11:30 Paint and Sip [VLR] 3:00 Coffee and Pastry Social [VLR] 4:00 Games with Rockwood Students [VLR] 7:00 Bingo [VLR]	Medical Appointments 11:00 Wii Bowling [VLR] 2:00 Tai Chi Class [VLR] 3:00 Bridge [BR] 3:00 Pokeno [VLR] 4:15 Massage With Julie [VLR] 6:30 Line Dancing with Linda [DR] 7:00 Movie Night [BR] 7:00 Poker [L]	9:30 Chair Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Ageless Grace Brain Health [VLR] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [VLR] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 11:00 Brain Games [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Spelling Bee [VLR] 4:00 Root Beer Float Social [VLR] 7:00 Bingo [VLR]	
10:00 ★ Gospel TV 11:00 ♣ Board Games [VLR] 1:30 ❤ Group Walk with Don [VLR] 1:30 ✔ Valentine's Party with Rockwood South Middle [VLR] 2:00 ♠ Spades [L] 3:00 ♣ Movie Night 7:00 ✔ Bingo [VLR]	9:30 ✓ Morning Exercise [VLR] 9:30 ✓ Shopping for All Residents [OUT] 10:00 ★ Bible Study [C] 2:00 ✓ Giant Crossword Puzzle [VLR] 2:00 ✓ Shopping for All Residents [OUT] 7:00 ❤ Bingo [VLR]	Medical Appointments 9:00 → Blood Pressure Screening with Brookdale [VLR] 11:00 → Visit From Hearing Specialist (Stan Greeenburg) [VLR] 2:30 → Mexican Train [VLR] 3:30 → Chocolate Bingo [VLR] 7:00 → Rosary With Carol [C] 7:30 → Movie Night	8:00 ₩ Chamber Ribbon Cutting [AT] 9:30 ❤ Morning Stretch [VLR] 10:30 ఄ Weekly Outing (See Sign Up Sheet) [OUT] 11:00 ★ Catholic Worship Service [C] 2:00 ❤ Podiatrist Visit [VLR] 4:00 ♠ Games with Rockwood Students [VLR] 7:00 ₩ Bingo [VLR]	Medical Appointments 11:00 Wii Bowling [VLR] 2:00 Sweethearts Dance [DR] 3:00 Bridge [BR] 3:00 Pokeno [VLR] 4:15 Massage with Julie (See Sign Up Sheet) [VLR] 7:00 Movie Night [BR] 7:00 Poker [L]	Valentine's Day 9:30 Chair Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Visit from Dental Hygienist [VLR] 2:00 Shopping for All Residents [VLR] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 11:30 Balloon Volleyball [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Celebrate February Birthdays [VLR] 4:00 Pool Golf [BR] 7:00 Game Night [VLR]	
10:00 ★ Gospel TV 11:00 ★ Board Games [VLR] 1:30 ❤ Group Walk with Don [VLR] 2:00 ► Spades [L] 3:00 ★ Movie Night 7:00 ★ Bingo [VLR]	Presidents' Day 9:30	Medical Appointments 9:00 ♥ Blood Pressure Screening with Brookdale [VLR] 1:30 ♥ Voting [AT] 2:30 ♥ Mexican Train [VLR] 3:30 ₱ Chocolate Bingo [VLR] 7:30 ● Movie Night 7:30 ♣ Movie Night	9:30 → Morning Stretch [VLR] 10:30 → Weekly Outing (See Sign Up Sheet) [VLR] 11:00 ★ Catholic Worship Service [C] 11:30 ★ Crafts [VLR] 4:00 → Games with Rockwood Students [VLR] 7:00 ₩ Bingo [VLR]	Medical Appointments 11:00 Wii Bowling [VLR] 2:00 Tai Chi Class [VLR] 3:00 Bridge [BR] 3:00 Pokeno [VLR] 4:15 Massage With Julie [VLR] 6:30 Line Dancing with Linda [DR] 7:00 Movie Night [BR] 7:00 Poker [L]	9:30 Chair Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 2:00 Music Entertainment [AT] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 11:30 Sudoku [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Spelling Bee [VLR] 3:45 Boggle Word Game [VLR] 7:00 Bingo [VLR]	
10:00 ★ Gospel TV 11:00 ► Board Games [VLR] 1:30 ► Group Walk with Don [VLR] 2:00 ► Spades [L] 3:00 ► Movie Night 7:00 ► Bingo [VLR]	9:30 → Morning Exercise [VLR] 9:30 → Shopping for All Residents [OUT] 10:00 ★ Bible Study [C] 2:00 ← Giant Crossword Puzzle [VLR] 2:00 → Shopping for All Residents [OUT] 7:00 ★ Bingo [VLR]	Medical Appointments 9:00 ♥ Blood Pressure Screening with Brookdale [VLR] 2:30 ♥ Mexican Train [VLR] 3:30 ₱ Chocolate Bingo [VLR] 7:00 ★ Rosary With Carol [C] 7:30 ♣ Movie Night	9:30 Morning Stretch [VLR] 10:30 Weekly Outing (See Sign Up Sheet) [OUT] 11:00 Catholic Worship Service [C] 2:00 Root Beer Float Social [VLR] 4:00 Games with Rockwood Students [VLR] 7:00 Bingo [VLR]	Medical Appointments 10:00	9:30 Chair Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Scabble 3:00 Happy Hour with Simply Home Care [VLR] 4:00 Friends and Family Trivia Night [VLR] 7:00 Bingo [VLR]	10:00 Coffee Klatch [VLR] 29 11:00 Gold Key Pass Out [DR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:00 Sequence Game [L] 7:00 Bingo [VLR]	