

		BE VIBRANT. BE YOU.			Solstice Senior Living at Fenton		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SOLSTICE SENIOR LIVING AT FENTON	1393 Bowles Ave Fenton, MO 63026 636-326-9606	Location Keys  Atrium AT  Billiard Room BR  Chapel C  Dining Room DR  Library L  Outing OUT  Private Dining Room PDR  Vibrant Life Room VLR	New Year's Day  9:30 ♥ Chair Exercise [VLR]  10:45 ★ Lunch at Red Lobster's [OUT]  2:30 P Phase 10 Card Game [VLR]  4:00 ★ Board Game Blurt [VLR]  7:00 ★ Bingo [VLR]	Happy Birthday Freida C. !!  Medical Appointments  11:00  Wiii Bowling [VLR]  1:30  Group Walk with Don [VLR]  2:00  Tai Chi Class [VLR]  3:00  Bridge [BR]  3:00  Pokeno [VLR]  4:15  Massage With Julie [VLR]  7:00  Movie Night [BR]  7:00  Poker [L]	9:30 Morning Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Piano Performance [AT] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00	
10:00 Uno Card Game [VLR] 11:00 Board Game of Choice [VLR] 1:30 Group Walk with Don 2:00 Spades [L] 3:00 Movie Night 7:00 Bingo [VLR]	Happy Birthday Gene M. !!  Happy Birthday Vern K. !!!  9:30 ♥ Exercise With Legacy [VLR]  9:30 ♥ Shopping for All Residents [OUT]  10:00 ★ Bible Study with Dick [C]  2:00 ₱ Giant Crossword Puzzle [VLR]  2:00 ♥ Shopping for All Residents [OUT]  7:00 ★ Bingo [VLR]  7:00 ★ Poker [L]	Medical Appointments  9:00 ♥ Blood Pressure Screen with Brookdale [VLR]  11:00 ♥ Phase 10 Card Game [VLR]  1:30 ♥ Group Walk with Don [VLR]  2:00 ♥ Book Club [PDR]  2:30 ♥ Mexican Train [VLR]  3:30 ₱ Chocolate Bingo [VLR]  7:00 ★ Rosary With Carol [C]  7:00 ♥ Texas Hold 'Em Tournament [L]  7:30 ♣ Movie Night	9:30 Chair Exercise [VLR] 10:45 Weekly Outing (See Sign Up Sheet) [OUT] 11:00 Catholic Worship Service [C] 11:30 Board Game Blurt [VLR] 11:30 Red Hat Ladies Outing [OUT] 2:00 Podiatrist Visit [VLR] 3:00 Resident Counsel Meeting 4:00 Games with Rockwood Students [VLR] 7:00 Bingo [VLR]	Medical Appointments  11:00  Wii Bowling [VLR]  1:30  Group Walk with Don [VLR]  2:00  Root Beer Float Social [VLR]  3:00  Bridge [BR]  3:00  Pokeno [VLR]  6:30  Line Dancing with Linda [DR]  7:00  Movie Night [BR]  7:00  Poker [L]	Happy Birthday Karen S. !!  9:30 ➤ Morning Exercise with Freida [VLR]  9:30 ♠ Shopping for All Residents [OUT]  2:00 ♠ Candy Bingo with Simply Home Care [VLR]  2:00 ♠ Shopping for All Residents [OUT]  3:00 ★ Happy Hour with Simply Home Care [VLR]  7:00 ★ Bingo [VLR]	10:00 ♣ Coffee Klatch [VLR] 10:30  Mexican Train [L] 11:15  Sudoku Puzzles [VLR] 2:00  Bean Bag Baseball with Rockwood Summit Students [VLR] 3:15  Spelling Bee [VLR] 7:00  Bingo [VLR]	
Happy Birthday Charlotte B. !!  10:00  Uno Card Game [VLR]  11:00  Board Game of Choice [VLR]  1:30  Group Walk with Don [VLR]  2:00  Spades [L]  3:00  Movie Night  7:00  Bingo [VLR]	9:30 Exercise With Legacy [VLR] 9:30 Shopping for All Residents [OUT] 10:00 Bible Study with Dick [C] 2:00 Giant Crossword Puzzle [VLR] 2:00 Shopping for All Residents [OUT] 7:00 Bingo [VLR] 7:00 Poker [L]	Medical Appointments  9:00 ♥ Blood Pressure Screen with Brookdale [VLR]  11:00 ♥ Visit from Hearing Specialist Stan Greenburg [VLR]  1:30 ♥ Group Walk with Don [VLR]  2:30 ★ Mexican Train [VLR]  3:30 ♠ Chocolate Bingo [VLR]  7:00 ★ Rosary With Carol [C]  7:30 ♣ Movie Night	9:30 ♥ Chair Exercise [VLR] 11:00 ★ Catholic Worship Service [C] 11:00 ★ Weekly Outing (See Sign Up Sheet) [OUT] 2:00 ★ Adult Coloring [VLR] 3:00 ♠ Resident Counsel Meeting 3:00 ₱ Technology Class [VLR] 4:00 ♠ Games with Rockwood Students [VLR] 7:00 ★ Bingo [VLR]	Medical Appointments  11:00  Wii Bowling [VLR]  1:30  Group Walk with Don [VLR]  2:00  Tai Chi Class [VLR]  3:00  Bridge [BR]  3:00  Pokeno [VLR]  4:15  Massage With Julie [VLR]  7:00  Movie Night [BR]  7:00  Poker [L]	9:30 Morning Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 11:00 Essential Oils 101 [VLR] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	10:00 譽 Coffee Klatch [VLR] 10:30 严 Mexican Train [L] 11:30 ❤ Boggle Word Game [VLR] 2:00 ● Bean Bag Baseball with Rockwood Summit Students [VLR] 3:15 譽 Monthly Birthday Party [VLR] 7:00 ❤ Bingo [VLR]	
10:00 Uno Card Game [VLR] 11:00 Board Games [VLR] 1:30 Group Walk with Don [VLR] 2:00 Performance by Infinity Dancing Arco [AT] 2:00 Spades [L] 3:00 Movie Night 7:00 Bingo [VLR]	Martin Luther King, Jr. Day 9:30 ○ Exercise With Legacy [VLR] 9:30 ○ Shopping for All Residents [OUT] 10:00 ☆ Bible Study with Dick [C] 2:00 □ Giant Crossword Puzzle [VLR] 2:00 ○ Shopping for All Residents [OUT] 7:00 ☑ Bingo [VLR] 7:00 ☑ Poker [L]	Medical Appointments  9:00 ♥ Blood Pressure Screening with Brookdale [VLR]  11:00 ★ Paint and Sip [VLR]  1:30 ♥ Group Walk with Don [VLR]  2:30 ★ Mexican Train [VLR]  3:30 ► Chocolate Bingo [VLR]  7:00 ★ Rosary With Carol [C]  7:30 ► Movie Night	9:30 ♥ Chair Exercise [VLR] 10:30 ★ Weekly Outing (See Sign Up Sheet) [OUT] 11:00 ★ Catholic Worship Service [C] 2:00 ★ Pokeno [VLR] 2:30 ★ Crafts [VLR] 4:00 ← Games with Rockwood Students [VLR] 7:00 ★ Bingo [VLR]	Happy Birthday Suzanne P. !!  Medical Appointments  11:00  Will Bowling [VLR]  1:30  Group Walk with Don [VLR]  2:00  Root Beer Float Social [VLR]  3:00  Bridge [BR]  3:00  Pokeno [VLR]  6:00  Line Dancing with Linda [DR]  7:00  Movie Night [BR]  7:00  Poker [L]	Happy Birthday Harry C. !!  9:30	10:00 Coffee Klatch [VLR] 10:30 Mexican Train [L] 11:15 Crypto Puzzles [VLR] 2:00 Bean Bag Baseball with Rockwood Summit Students [VLR] 3:15 Spelling Bee [VLR] 7:00 Bingo [VLR]	
10:00  Uno Card Game [VLR] 11:00  Board Game of Choice [VLR] 1:30  Group Walk with Don [VLR] 2:00  Spades [L] 3:00  Movie Night 7:00  Bingo [VLR]	9:30 Exercise with Legacy [VLR] 9:30 Shopping for All Residents [OUT] 10:00 Bible Study with Dick [C] 2:00 Giant Crossword Puzzle [VLR] 2:00 Shopping for All Residents [OUT] 7:00 Bingo [VLR] 7:00 Poker [L]	Medical Apointments  9:00 ♥ Blood Pressure Screening with Brookdale [VLR]  11:00 ♥ Vibrant Life Meeting [VLR]  1:30 ♥ Group Walk with Don [VLR]  2:30 ❤ Mexican Train [VLR]  3:30 ₱ Chocolate Bingo [OUT]  7:00 ★ Rosary With Carol [C]  7:30 ♣ Movie Night	9:30 ♥ Chair Exercise [VLR] 11:00 ★ Catholic Worship Service [C] 11:00 ❤ Weekly Outing (See Sign Up Sheet) [OUT] 2:00 ❤ Pictionary [VLR] 4:00 ● Games with Rockwood Students [VLR] 7:00 ❤ Bingo [VLR]	Medical Appointments  10:00	9:30 Chair Exercise with Freida [VLR] 9:30 Shopping for All Residents [OUT] 2:00 Candy Bingo with Simply Home Care [VLR] 2:00 Shopping for All Residents [OUT] 3:00 Happy Hour with Simply Home Care [VLR] 7:00 Bingo [VLR]	<ul> <li>Be Adventurous</li> <li>Be Challenged</li> <li>Be Connected</li> <li>Be Family</li> <li>★ Be Inspired</li> <li>★ Be Social</li> <li>★ Be Well</li> </ul>	